

YOUR

BRENT EXTRA



An update on COVID-19 (Coronavirus)

COVID-19 (coronavirus) is challenging us all like never before, but here in Brent there is support available for anybody who needs it.

To slow down the spread of coronavirus and give us more time to save lives, the Government has asked us all to stay at home.

To help you while you are staying at home, the council has put lots of helpful information up online at www.brent.gov.uk/coronavirus

If you don't have internet access, this booklet contains the main council phone numbers to call if you need help.

Please stick this leaflet up on your fridge and do call us if you need to.

**STAY AT
HOME** 

**PROTECT
THE NHS**

 **save
lives**

GENERAL ENQUIRIES

If you need help with general enquiries including benefits, welfare support or council tax support, call **020 8937 1234**

COMMUNITY SUPPORT

ISOLATION SUPPORT

If you need help getting things like food or medicine delivered to you while you are in isolation, there are local Brent community groups who can help you, for more information call **020 3011 1690**

VOLUNTEERING

If you want to offer your support through volunteering, we can help connect you with groups working to get help to the people who need it in Brent, just call **020 3011 1690**

For more information visit www.brent.gov.uk/coronavirus
If you have a question email coronavirus@brent.gov.uk
or call **020 8937 1234**.

Please stay at home, protect the NHS and help save lives.
Visit www.nhs.uk/coronavirus for the latest NHS advice.

EMERGENCY SUPPORT

ADULT SOCIAL CARE

If you or someone you know needs urgent help washing, feeding or dressing themselves but does not have any friends or family to support them, call **020 8937 6589**

CHILDREN AT RISK

If you have any concerns about a child being harmed or at risk of harm, call Brent Family Front Door, on **020 8937 4300**

DOMESTIC ABUSE

If you or someone you know is affected by domestic abuse, speak to Advance by calling **07398 454898**
In an emergency, always call **999**

EMERGENCY CHILDCARE

For emergency childcare (for vulnerable children or children of key workers), call **020 8937 3010**

EMERGENCY FOOD SUPPORT

For emergency food support, we can connect you to a local food bank, call **020 8937 6792**

HOUSING

If you are homeless, or threatened with homelessness, call **020 8937 2000**

If you are a private tenant, and you are being threatened with eviction, call **020 7874 8414**

PERSON AT RISK

If you have any concerns about a person being harmed or at risk of abuse, call the Safeguarding Adults Team on **020 8937 4098**



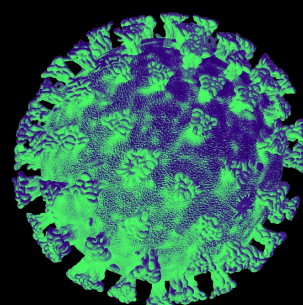
HM Government

NHS

CORONAVIRUS

STAY AT HOME

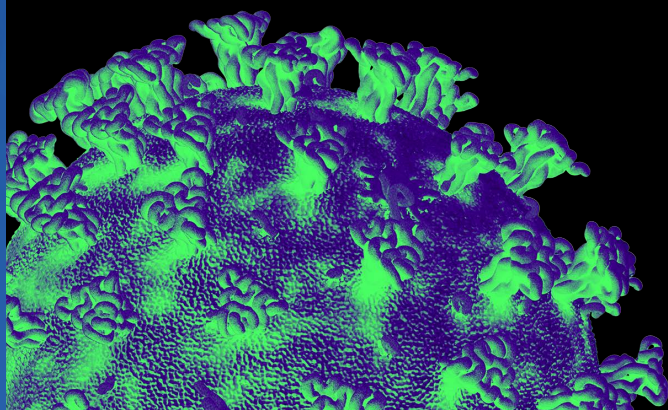
SAVE LIVES



Anyone can spread Coronavirus.

The only reasons to leave home are:

- ✓ To shop for basic necessities or pick up medicine
- ✓ To travel to work when you absolutely cannot work from home
- ✓ To exercise once a day, alone or with members of your household
- ✗ Do not meet others, even friends or family



CORONAVIRUS

**STAY HOME
PROTECT
THE NHS
SAVE LIVES**

STAY CONNECTED

To stay up to date with all the latest information about the response to coronavirus in Brent, register for our email updates at www.brent.gov.uk/stayconnected

